

WRITTEN BY  
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# Weekly Program

Weekly Life of a  
Fundacja Cat's  
volunteer

Fundacja  
Centrum  
Aktywności  
Twórczej



Creative Final report

# Week One Schedule

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## day 1

Cultural presentation.

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School activity, where you telling about your country through games, slide-shows, videos etc. Auditory age could be different - from 8 to 20 y.o. During the activity I met few migrant children from Ukraine and one from Ireland. It takes 45 mins. I've learned how to represent same material for different age groups.

## day 2

Representing of NGO and possibilities of volunteering and academic mobility.

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This activity means describe CAT Foundation (story, internet links, photo, video presentation etc), speech of current volunteers about their reasons for taking part in the ESC project, experience and so on, also sharing of bulletins was included. Place of this presentation is schools and once Center of mental health. Auditory age was 9-19 and 20-40y.o. Duration is 1,5 hours. For me it was very-first experience of public speech on polish language.

# Week one Schedule

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## day 3

Language Café.

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In the usual café you are providing language courses. For most of the volunteers it's English, but sometimes people are interested in mother tongue of volunteers.

Auditory is different - different age and language level, mostly you are working with the same group(s).

Duration is 1 hour. The biggest pedagogical experience I have got from this activity. For every lesson I prepared new material and every time I improved myself in teaching.

## day 4

Winter/summer camp.

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Location is school in winter and children camp in summer. During this activity you are providing workshops, games for children, which is connected to your country.

Age 6-13 y.o. During winter camp 2020 was one French-born boy.

Duration is 6 hours with breaks. I've learned how to work with children whole day

# Week one Schedule

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## day 5

Day of Europe

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It takes place on the Rynek of Leszno once per year. There you can provide - performing on the stage, do mascot activity, workshops, spreading of bulletins and so on - depending on your talents. Plenty of NGO's represented themselves there. Whole duration including preparation and packing things back takes around 6 hours. Age of people, who participating 0- y.o. During Day of Europe 2019 in the audience were representatives of Ukraine, Turkey, India and Kazakhstan. For me it was very first performing on the main stage of the city.

# Week two Schedule

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## day 1

Kindergarten

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Different games. Duration 1,5 mins (two groups). Age of people 3-6 y.o  
I've learned how to deal with children without verbal communication

## day 2

"From me to EU"

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This event took place in House of Culture in Leszno. There CAT Foundation with other NGO`s represented themselves. We shared bulletins, food. Meaning of this event was to connect local community with migrants. Age of guests was from 5 to around 70 y.o. Among guests were ukrainian, kazakh and turkish migrants.

## day 3

"Chillout zone"

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it`s a meeting with polish youth, during which you can play games, do workshops or just speak - thank to it youngsters improving their skills in English and have ability to share their thoughts, ideas to others.  
Duration 2 hours. Age from 14 to 20

# Week two Schedule

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## **day 4**

Activity in the partner NGO (Echo).

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There you have a meeting with local children, with whom you are doing workshops - baking cakes, painting etc. Duration - 2 hours. Age 6-22

## **day 5**

Providing of internet pages of CAT Foundation

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It means to make post (photos, videos) for Youtube and Instagram accounts of our NGO. Some of volunteers are doing it for Facebook.

## **raise awareness day**

The day of fight with depression

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During this activity we showed posters to people and asked them few questions and in the end we shared tea bags. Total duration is 3 hours. Age of people, with whom we contacted was around 20-60 y.o.